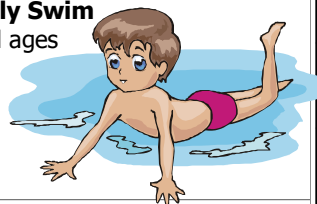


Aquatics schedule

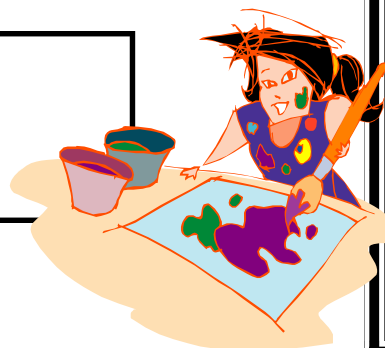
Monday	Tuesday	Wed.	Thursday	Friday	Saturday
12:00-1:00 P.M. Special Needs Ages 8-10	12:00-1:00 P.M. Aquacise 18+	12:00-1:00 P.M. Special Needs Ages 12-15	12:00-1:00 P.M. Aquacise 18+	12:00-1:00 P.M. Special Needs Ages 8-10	10:15-11:15AM Water Walk 18+
1:15-2:15 P.M. Special Needs Ages 8-12	1:15-2:15 P.M. Special Needs All Ages	1:15-2:15 P.M. School Group Ages 8-12	1:15-2:15 P.M. Special Needs Ages 10-14	1:15-2:15 P.M. School Group Ages 10-14	11:15-12:15 Adult Swim 18+
2:30-3:30 P.M. Adult Swim 18+	2:30-3:30 P.M. Adult Swim 18+	2:30-3:30 P.M. Adult Swim 18+	2:30-3:30 P.M. Adult Swim 18+	2:30-3:30 P.M. Adult Swim 18+	1:15-2:15PM Open Swim Ages 8-17
4:00-4:45 P.M. Open Swim Ages 8-17	4:00-4:45 P.M. Open Swim Ages 8-17	4:00-4:45 P.M. Open Swim Ages 8-17	4:00-4:45 P.M. Open Swim Ages 8-17	4:00-4:45 P.M. Open Swim Ages 8-17	3:00-3:45 P.M. Open Swim All Ages
5:00-5:45 P.M. Learn to Swim I & II Ages 8-17	5:00-5:45 P.M. Learn to Swim V & VI Ages 8-17	5:00-5:45 P.M. Learn to Swim I & II Ages 8-17	5:00-5:45 P.M. Learn to Swim V & VI Ages 8-17	5:00-6:00 P.M. Water Basketball Ages 8-17	4:00-5:15 P.M. Family Swim All Ages
5:45-6:30 P.M. Learn to Swim III & IV	6:30-7:30 P.M. Family Swim All Ages	5:45-6:30 P.M. Learn to Swim III & IV	6:00-6:45P.M. Adult LTS Ages 8-17	6:30-7:30 P.M. Family Swim All ages	
6:30-7:30 P.M. Aquacise 18+		6:30-7:30 P.M. Aquacise 18+	6:45-7:30 P.M. Adult Open 18+		



All children 4 feet tall must be accompanied and supervised in the water by an adult.
Two children per adult.

Cultural Arts

School Group Arts	Thursday	12:00-2:00 p.m.	8-14
Arts & Crafts	Tuesday & Thursday	4:00-6:00 p.m.	8-17
Family Crafts	Tuesday & Thursday	6:30-7:30 p.m.	All



Schedule subject to change without prior notice.



Michael J. Zone Recreation Center
6301 Lorain Ave. 216/664-3373



Martial Art
Martial Arts
Girls Scouts
Racquetball
Racquetball
Weight Room
Weight Room
Game Room
Game Room
Boxing
Outdoor Soccer
Girls basketball

SPECIAL PROGRAMS

Monday/Wednesday	5:00-7:00 p.m.	5+
Saturday	10:00-12:00 p.m.	5+
Tuesday	6:30-7:30 p.m.	7-14
Monday-Friday	12:15-7:15 p.m.	10+
Saturday	10:15-5:15 p.m.	10+
Monday-Friday	12:00-7:30 p.m.	18+
Saturday	10:00-5:30 p.m.	18+
Monday-Friday	12:00-7:30 p.m.	All Ages
Saturday	10:00-5:30 p.m.	All Ages
Monday-Thursday	5:15-7:15 p.m.	8+
Tuesday & Thursday	5:15-7:00 p.m.	9-12
Monday & Wednesday	5:15-7:15 p.m.	14-17

Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-2:30 P.M. Open Gym 18+	12:00-1:30 P.M. CPD Basketball League 18+	12:00-2:30 P.M. Open Gym 18+	12:00-1:30 P.M. CPD Basketball League Ages 18+	12:00-1:30 P.M. CPD Basketball League 18+	10:00-11:00 AM. Lil F Practice Ages 9-12
3:00-5:00 P.M. Open Gym Ages 8-17	2:00-3:00 P.M. School Group Ages 9-13	3:00-5:00 P.M. Open Gym Ages 8-17	2:00-3:00 P.M. School Group Ages 3-5	1:30-2:30 P.M. School Group Ages 9-12	11:00-12:00 P.M. Big F Practice Ages 13-14
5:00-6:30 P.M. Jr. Girls Softball Practice Ages 11-14	3:00-5:00 P.M. Open Gym Ages 8-17	5:00-6:30 P.M. Youth Soccer Practice Ages 9-12	3:00-5:00 P.M. Open Gym Ages 8-17	3:00-5:00 P.M. Open Gym Ages 8-17	12:00-1:00 PM T-Ball Fundamentals Ages 4-7
6:30-7:45 P.M. BF Baseball Practice Ages 13-14	5:00-6:30 P.M. Youth Soccer Practice Ages 9-12	6:30-7:30 P.M. LF Baseball Practice Ages 9-12	5:30-7:45 P.M. Girls Youth Basketball Ages 9-14	5:00-6:00 P.M. LF Baseball Practice Ages 9-12	1:00-3:00 P.M. Open Gym Ages 8-17
6:30-7:30 P.M. Zumba 16+	6:30-7:45 P.M. Adult Soccer Practice 18+	6:30-7:30 P.M. Zumba 16+	6:30-7:30 P.M. BF Baseball Practice Ages 13-14	6:00-7:45 P.M. Adult Volleyball League Ages 18+	4:00-5:30 P.M. Adult Soccer Ages 18+